

## WASHINGTON STATE GRANGE

Cecelia Hamilton, Family Living Director  
14 Haley Lane  
Republic, WA 99166  
(509) 775-0191  
E-mail – [jcjbigranch@gmail.com](mailto:jcjbigranch@gmail.com)

December 1, 2016

Worthy Pomona and Subordinate Family Living Chairs:

Welcome to the office of the Family Living Chair for your Subordinate & Pomona Granges! It is an honor to welcome you. Your outstanding influence will encourage others to become involved and maintain the future of a much needed service. Within this packet you will find information necessary to carry out the duties of your office. The Family Living Team has compiled an outstanding program for you to introduce. There are areas in which everyone will find something just for them. The educational areas are inclusive of home, health, safety and nutrition. They are merely suggestions yet may fulfill your needs by providing a monthly program for your Grange. I encourage you to invite speakers to your meetings or present a program regularly on a topic pertaining to the home, family, safety or nutrition.

I look forward to hearing of additional Family Living Conferences held in each Pomona to encourage participation. Consider a fall gathering and perhaps again in the spring. A conference provides a review of the program and a question & answer period is great. Clarification of what we do is vital for continued participation. Perhaps plan a craft for your conference or a spring bake sale to prepare for the contests. Remember your Pomona contests can take place all year round and separately such as Food Preservation in the summer or fall and Baking & Candy around the holidays. Have Fun with it! Make it work for your Grange! As the Pomona and Subordinate CFL you will find working as a team very beneficial in producing a successful Family Living program for your members. Communication is the key.

All of our Pomona Contests are open to Grange members and non-members and we invite you to partner with your schools and local community groups to encourage participation. This year you will find a few changes to the contest edition. The contest area with the largest change is our Needlework Contest. We have decided to transfer all Needlework entries to the State Lecturer's contest. In return the Lecturer's Dept. has transferred all quilts to our department. There may be items in which quilting was incorporated into an entry such as a craft item, this will then go into Lecturer. The other area with changes is our Quilting Contest. We omitted inches requirements. Your quilt is either "Large", "Medium", or "Small". Be clear on type of quilt, such as Traditional, Beyond Traditional, Art & Landscape, or Hand Quilted. If you have questions as to where your quilt should be entered, contact our Quilt Superintendent, Helen Berg at 360-353-8043.

**Please discard last year's program handbook and all contest materials.** Only current contest materials will be accepted. The ribbons used for your Pomona Contests may be ordered through the Lecturer's department. All program and handbook information may be downloaded from the State Grange website. [www.wa-grange.org](http://www.wa-grange.org). You may request additional handbooks from your District Director or myself.

As Family Living Chair or CFL as it is sometimes referred to, you will find that there are many tasks to complete. One of the areas of dedication comes in the form of reports. We refer to our reports and communications often in order to evaluate impact. I value your input. Communication is the key to a successful program. **Year-End Reports** are due by January 1<sup>st</sup>. and are to be mailed to me at my residence. **Pomona Contest Reports** are due **no later than May 15<sup>th</sup>** following your Pomona Contests. Please mail Contest Reports to me at my residence.

In January of 2015 the "WA State Grange Heritage Quilt Trail" was born. History is in the making and you are making it happen! I invite those of you who have not yet begun your process to come on board and take part in this adventure. For more information visit [www.wa-grange.org](http://www.wa-grange.org) to learn how you can become involved today! Registration Forms are available online or by contacting me at [jcjbigranch@gmail.com](mailto:jcjbigranch@gmail.com) or 509-775-0191.

I encourage you to allow this program along with your help to be an opportunity to teach future generations along with those of us who have been homemakers for years, new and innovative methods in homemaking. By instilling life skills such as Baking, Food Preservation, Sewing, Quilting, and housekeeping. Many of our schools no longer offer opportunities to learn these necessary skills. We as a Grange family can and must make this part of our mission by utilizing our halls for workshops or mini classes on these subjects and so much more. I do wish you all the very best in your promotion of Family Living.

On behalf of the WA State Grange, thank you for all of your hard work and dedication, have a great year!

Fraternally, *Cec*

Cecelia Hamilton, Family Living Director  
Washington State Grange

## WA STATE DEPARTMENT OF FAMILY LIVING

### State Director

Cecelia Hamilton  
14 Haley Lane  
Republic, WA. 99166  
(509) - 775-0191  
[icjbigpineranch@gmail.com](mailto:icjbigpineranch@gmail.com)

### STATE FAMILY LIVING TEAM MEMBERS

#### Northeast District

Ferry, Okanogan, Stevens, Pend Oreille, North Spokane Pomona's.  
Cec Hamilton – State Director  
14 Haley Lane  
Republic, WA 99166  
(509)-775-019

#### South Central District

Benton, Klickitat, Riverside, Snake River, Sunnyside,  
Yakima Pomonas.  
Margaret Morris - Director  
12307 Marble Rd.  
Yakima, WA. 98908  
(509)-965-4584  
[mmorris0615@hotmail.com](mailto:mmorris0615@hotmail.com)

#### East Central District

Adams, Chelan, Douglas, Grant, Kittitas, Lincoln, South Spokane, Pomona's.  
Helen Berg - Director  
[chuckhelenberg@hotmail.com](mailto:chuckhelenberg@hotmail.com)  
(360)-353-8043  
3817 Evans Lane N.E.  
Moses Lake, WA 98837

#### Southeast District

Whitman, Columbia, Garfield, Pomonas  
Cec Hamilton – State Director  
[icjbigpineranch@gmail.com](mailto:icjbigpineranch@gmail.com)  
(509)-775-0191  
14 Haley Lane  
Republic, WA. 99166

#### Northern District

Snhomish, Skagit, Whatcom, San Juan and Island Pomona's.  
Meta Rogers Director  
5431 Grove St.  
Marysville, WA. 98270  
(360) – 659-3344  
[Metarogers542@gmail.com](mailto:Metarogers542@gmail.com)

#### Southwest District

Wahkiakum, Cowlitz, Clark Pomonas  
Carol Brent Director  
321 N. Mahaffey Rd.  
Kelso, WA 98626  
(360)-423-5373

#### Northwest District

Clallam, Grays Harbor, Jefferson, Kitsap, Mason, Thurston, Pomona's  
Diane Williams Director  
5020 Orvas Court S.E.  
Olympia, WA. 98501  
Cell 360-791-9570  
[buttercup42@outlook.com](mailto:buttercup42@outlook.com)

#### West Central District

King, Lewis, Pacific, Pierce Pomonas  
Eileen Moebius Director  
PO Box 292  
Kapowsin, WA. 98344  
(253) – 358-6440  
[emoebius@att.net](mailto:emoebius@att.net)

## Mission Statement

The charge for installation of the Chairman of Family Living at all level states, in part, *“Just as the home is the center of family living, so should the Grange be the center of rural community life. Your effort should be directed toward making your meeting place truly a Grange home, radiating friendliness and hospitality to all who come within its doors. Every time the door of the Grange hall is opened and guests received, the Family Living Department is involved and the way your Grange is perceived is established. You perform a very important function for your Grange.”* The Chairman of Family Living also is given the duty of carrying out the Family Living programs, educational resources and projects established by the WA State Grange and the Family Living Team in order to increase awareness and participation across the state.

## **Family Living Calendar of Events**

### **January**

- January 1<sup>st</sup> – Family Living Year End Reports due to State Director Reports are available on the State Grange website & in CFL packets.
- All Month: Family Living Conferences at various locations throughout the state.
- State Grange Leadership Conferences throughout the state.
- Do you have your location set for your Pomona Contests yet? Have you chosen your judges?

### **February**

- All Month: Family Living Conferences at various locations throughout the state.
- Family Living Pomona Contests happening around the state.

### **March**

- Family Living Pomona Contests happening around the state.
- March 31<sup>st</sup> - Yearly Donations to various Family Living Sponsored charities suggested submission date.

### **April**

- Grange Month activities across the state.
- April 1<sup>st</sup> - Family Living Scholarship Applications due to State Headquarters.
- Spring cleaning time! Does your Grange hall shine?

### **May**

- Time to hold your Spring Individual Family Living Conference in your Grange or Pomona. How does a Mother's Day Tea sound?
- May 10<sup>th</sup> - Pomona Contests completion date.
- May 20<sup>th</sup> - Pomona Contest Reports due to State Director.

### **June**

- Washington State Grange Convention.
- Family Living State Contest entries due at State Convention.
- Family Living Auction Items checked in at State Convention in Family Living Display Room.
- Family Living Comfort Toys, Quilt Squares and Collection Items checked in at State Convention in Family Living Display Room.
- Family Living Annual Celebration Breakfast & Awards at State Convention.

### **July**

- Happy Birthday America!
- Time to get our pressure canners out and check those gauges.
- Harvesting and food preservation time. Discard outdated pantry items.

### **August**

- Preparations for our county & state fairs begin. Family Living Contest entries can be entered from this year.

### **September**

- School starts; be on the watch for little ones. Allow extra time to get places if on a school bus route.
- Booster nights happening across the state. Have you planned and publicized yours yet?

### **October**

- Family Living Team yearly program meeting.
- Fall activities happening throughout the state. Bazaars, Harvest Happenings.
- Fall individual Family Living Conferences will be held in October. Do you have your materials ready?

### **November**

- Happy Thanksgiving!
- Local food banks are busy this time of year, perhaps a volunteer group of Grangers would lighten the load.
- Remember those alone and less fortunate especially at this time of year.
- Election of Family Living Chairs in Subordinate & Pomona Granges.

### **December**

- Merry Christmas!
- Holiday Bazaars, Open houses. Santa Breakfasts happening around the state.
- Let us include those alone and less fortunate in our activities. Your local Food Bank, Schools, Veterans and Senior Center, Shelter or Fire & Police Departments may have information to help you help others.
- Have you held your individual Pomona or Subordinate Family Living conference yet this fall? A holiday craft makes them fun!

## FAMILY LIVING CERTIFICATE

A Family Living Certificate will be awarded to all Subordinate and Pomona Family Living chairpersons who complete and submit an end of the year report in January.

A purple ribbon and seal awarded to certificates completing Program Objectives 1-6 plus at least 5 projects.

A blue ribbon will be awarded with Objectives 1-6 plus 3 projects.

A white ribbon will be awarded with Objectives 1-6 plus 2 projects.

### Family Living Program Objectives

1. Attend a Family Living Conference at State Level to receive program guidance and present the program to your Grange.
2. Prepare and enter a Family Living Notebook / scrapbook at state convention. A wonderful keepsake for your Grange!
3. Present a monthly activity report on the Family Living Program and encourage a Project at your Grange meeting. Ideas for projects are listed in the "**Projects That Make A Difference**".
4. Promote and participate by assisting with the hosting *and* by having entries in the Pomona Level Contests.
5. Contribute to suggested Family Living Charities or charity of your choice.
6. Have entries in yearly State Quilt Square Contest.

### Projects That Make A Difference

- Provide Care Wear projects such as Project Linus: No Sew Fleece Blanket, Wheat Ears Baby Afghan, Just for Fun – Make-A-Blanket-Day, "Out on the Town Bibs", Fussy Quilts, or others. ( May be brought to State Convention)
- Provide Care Cloths and personal care items to Shelters or the needy. ( May be brought to State Convention)
- Provide Quilts for the Brave for our service men and women. ( May be brought to State Convention)
- ABC Quilts ( At- risk Baby Crib Quilts). ( May be brought to State Convention)
- Participate in the Pillow Case Challenge for Children's Hospitals. (May be brought to State Convention)
- Provide "Hugs in a Mug" to the VA Hospitals or Veterans Homes. ( May be brought to State Convention)
- Recycle: Soup labels, Box Tops for Education and Greeting card fronts for schools & churches.( Distribute locally )
- Provide Comfort Toys: These may be brought to State Convention. We encourage entries for judging also!
- Provide Hugs in a Quilt. (These may be brought to State Convention)
- Collect cancelled stamps, eyeglasses, hygiene products, and bring to State Convention.

Thank you all for promoting and assisting your Granges with these projects and programs. Be sure to keep a record of your activities in your Family Living Notebooks so that you will have an accurate count for your reports in January.

### Tips to Promote Projects

- Have a report ready during the special committees reports asked for by your Grange Master at your **Subordinate & Pomona** meetings. This will allow all to keep informed and up to date with your projects throughout the year. Include all members in your project goals. Your Family Living Committee report should include ( **Projects That Make A Difference, Pomona Contests, Quilts for the Brave, etc.**) and or fundraisers and Grange Services provided by the Committee.
- Keep a patterns and programs handbook for reference with extra copies to share with members and non - members.
- Involve the juniors and youth of your area and Grange. Have contests for recycling and collecting of items such as soup labels and card fronts, personal hygiene products.
- Have a workshop on making Linus Blankets or Hugs in a Mug or Blankets! This is a great conference activity.
- Ask for help! Be sure to reach out to all members to help with your projects that make a difference. All ages including Juniors & Youth love to be involved in the task of helping others.

**Family Outreach-** Grange is a family organization and the family that plays and works together stays together. Inviting families to Grange to enjoy a workshop to learn a skill or work on a project is suggested. Members and guests will be more willing to participate in your activities if they can learn about what you are doing and why. Sponsor a Family Night activity or Booster Night for your local schools or community. Involve and invite the members of your community as you plan and prepare these family activities. Take the time to research your local resources and needs to unite and help your community, state and nation.

**HAVE FUN!**

## CHARITIES

The Family Living Department supports five charities through your generous donations. These charities include the Family Living Scholarship Fund, Kimball Memorial, King Memorial, March of Dimes, and Kelley Historical Projects Fund.

***The Family Living Scholarship*** - the amounts awarded each year depends upon the donations received in a given year. Applications can be requested from the WA State Grange and are due by April 1.

***Kimball Memorial Fund*** – This fund provides camp ships *for* first time campers.

***King Memorial Fund*** monies are used to purchase educational equipment for the Junior Grange Camps.

***Donations to the March of Dimes will go to the Prematurity Campaign.*** A multi-million dollar research campaign to promote awareness and education to help families have healthier babies. In the United States, 1 in 8 babies are born prematurely. Worldwide, over 13 million babies are born too soon each year. We're working to address the crisis at home and abroad. Measurable headway is made annually in our national campaign to prevent premature births. The preterm birth rate has dropped considerably over the past 7 years in row. We have expanded our support to families with a baby in newborn intensive care to more than 100 hospitals in different communities in every state.

***The Kelley Historical Projects Fund*** or in the earlier years known as the Kelley Farm Fund, is a National Grange project handled through the National Grange Enrichment Department. Donations to this fund help to maintain the farm of our Grange founder Oliver H. Kelley.

When making your donation please make checks payable to:

***Washington State Grange Foundation***

*Please send donations to: Director of Family Living, Cecelia Hamilton, 14 Haley Lane, Republic, WA. 99166.*

## **FAMILY LIVING EDUCATIONAL PROGRAMS**

The Family Living Department encourages all Granges to provide educational programs for their Grangers and communities which focus on Health & Safety, Nutrition & Home Economics. The carrying out of programs pertaining to these areas is a valued part of our program. The following subjects have been chosen for our suggested program topics for this year.

- Food Preservation Tips & Guidelines. Safety rules and tips to help make your preserving experience pleasant and safe
- Safety: Dangers within your home.
- Health & Nutrition: Changes and Choices

Archived Educational Materials are also available on the state website.



## Start With Small Changes

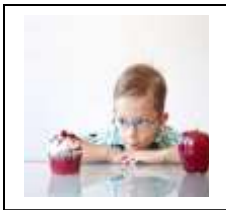
You don't have to go cold turkey. In the end, you want to achieve a long-term healthy lifestyle. Small changes over time are the most likely to stick. "If you want to eat more vegetables, then try to add one more serving by sneaking it in," Moore says. "Add bits of broccoli to something you already eat like pizza or soup. If you need more whole grains, add barley, whole wheat pasta, or

brown rice to your soup."

When you think about what you need to get more of, the other things tend to fall into place, Moore says. "If you have some baby carrots with lunch or add a banana to your cereal in the morning, you're going to feel full longer." You won't need a food that's high in sugar or fat an hour later, she adds.

Also, look for healthier versions of what you like to eat. If you like luncheon meat sandwiches, try a reduced-fat version. If you like the convenience of frozen dinners, look for ones with lower sodium. If you love fast-food meals, try a salad as your side dish instead of french fries.

"Pick one or two changes to start with," Moore says. "Once the changes have become habits, which usually happens in about two to four weeks, then try adding one or two more. In six to 12 months, you'll find that you've made substantial changes."



## Make Choices That Are Lean, Low-fat, or Fat-free

When buying meat, poultry, milk, or milk products, choose versions that are lean, low-fat, or fat-free. Choose lean meats like chicken without the skin and lean beef or pork with the fat trimmed off. If you frequently drink whole milk, switch to 1 percent milk or skim milk. Many people don't taste a difference. Some mix whole milk with lower-fat milk for a while so the taste buds can

adjust. This doesn't mean you can never eat or drink the full-fat versions, Schneeman says. "That's where the discretionary calories come in." Other tips to reduce saturated fat include cooking with non-stick sprays and using olive, safflower, or canola oils instead of lard or butter. Eat more fish, which is usually lower in saturated fat than meat. Bake, grill, and broil food instead of frying it because more fat is absorbed into the food when frying. You could also try more meatless entrees like veggie burgers and add flavor to food with low-fat beans instead of butter



## Lower Sodium and Increase Potassium

Higher salt intake is linked to higher blood pressure, which can raise the risk of [stroke](#), heart disease, and [kidney disease](#). The Dietary Guidelines recommend that people consume less than 2,300 milligrams of sodium per day (approximately one teaspoon of salt). There are other recommendations for certain populations that tend to be more sensitive to salt. For example, people with high blood pressure, blacks, and middle-aged and older adults should consume no more than 1,500 milligrams of sodium each day.

Most of the sodium people eat comes from processed foods. Use the Nutrition Facts label on food products: 5%DV or less for sodium means the food is low in sodium and 20%DV or more means it's high. Compare similar products and choose the option with a lower amount of sodium. Most people won't notice a taste difference. Consistently consuming lower-salt products will help taste buds adapt, and you will enjoy these foods as much or more than higher-salt options.

Prepare foods with little salt. The DASH (Dietary Approaches to Stop Hypertension) eating plan from the National Heart, Lung, and Blood Institute recommends giving flavor to food with herbs, spices, lemon, lime, vinegar, and salt-free seasoning blends. Consult with your physician before using salt substitutes because their main ingredient, [potassium chloride](#), can be harmful to some people with certain medical conditions.

Also, increase potassium-rich foods such as sweet potatoes, orange juice, bananas, spinach, winter squash, cantaloupe, and tomato puree. Potassium counteracts some of sodium's effect on blood pressure.

# Dangers Within Your Home

By Stacy Williams • November 16, 2016



Every year, approximately 6,000 deaths happen as a result of home accidents. Additionally, over 76,000 children under the age of 14 are admitted for treatment due to an accident within the home and 40% of those children are under the age of 5. Most accidents occur within the home because there are often hidden dangers that many aren't aware of.

Here are some of the top dangers at home that can cause accidents...

1. **Space heaters.** Although space heaters can be economical, they are also responsible for causing more than 25,000 home fires every year. If using a space heater is a necessity for your family, try to use heaters that have been safety tested and UL approved. There are also space heaters available that have emergency tip-over and shut-off features, which can help prevent your home from becoming a statistic.
2. **Tripping.** Believe it or not, tripping over toys, carpeting and electrical cords are the cause of many household accidents. Tripping accidents can cause falls on stairs and walkways, which can result in broken bones and concussions. The best way to prevent falls around the house is to teach children to put their toys away, make sure walkways are clear and always pay attention to where you are walking. You can also prevent tripping over carpet and cords by taping them down and securing them from walk areas.
3. **Large appliances.** Appliances such as dryers and freezers can be very dangerous because they can seem like fun hiding places to small children. Although new freezers are now made with safety latches that allow them to be opened from the inside, many curious children can become trapped inside large appliances. Dryers can also be a fire hazard. The best way to prevent accidents caused by appliances within the home is to teach children the dangers of playing in appliances and never leave them unattended.
4. **Mold.** Homes in wet climates and even humidifiers that are not kept clean can contain mold spores, and thus, be very dangerous and hazardous to your health. Always keep humidifiers clean and use distilled water for the best results. Also keep walls and floors dry to prevent mold from growing and causing air to be hazardous.
5. **Paint.** Paint and paint thinner are common products used around the house, but they can be hazardous and very dangerous. They can pose a serious threat to children or pets because they are toxic and very flammable. These products should always contain warning labels advising you how to store and dispose of them properly. Read the labels carefully and keep them out of reach of children.
6. **Burns.** Stoves and ovens are the cause of many emergency room visits due to burns. Burners on the stove can be touched by children and adults that do not realize they are hot. The handles of frying pans and pots can be knocked off the stove spilling hot contents. Additionally, potholders left on the stove or burning grease can cause fires. Always keep fire extinguishers close by and teach your children the importance of taking precautions to keep from getting burned. Keep handles of pots and pans turned inward when cooking on the stove. You can even research possible safety devices that can be used to make the stove and oven childproof if you have small children.
7. **Window Blinds.** Window blinds and cords are the leading cause of choking and strangulation among children. Keep cribs and toddler beds away from window blinds and the cords attached to them. You can even replace blinds with cordless window coverings, or you can tie cords out of reach of children.
8. **Electrical Outlet Overload.** Overloading electrical outlets can be dangerous. Electrical fires account for a great deal of home fires every year. Never plug more than two things into an outlet or add more plugs with extension cords. For multiple plugs, only use outlets designed to handle more than two. Major appliances should be plugged into their own wall outlet because they use more power. If your lights flicker or dim, your outlet plates feel warm, your circuit breakers trip often or you hear a buzzing sound from outlets, you may have them overloaded. It may be a good idea to consult an electrical professional to come up with a better solution for your needs.



## Food Preservation Safety & Tips



### CANNING FYI



HOME CANNING IS DEFINED AS A MEANS OF PRESERVING FOOD SO THAT IT CAN BE KEPT AT ROOM TEMPERATURE.

MOST HOME CANNERS USE A JAR TO PROCESS THEIR FOOD IN RATHER THAN A CAN BUT WE STILL CALL IT CANNING.

FOOD IS CANNED SAFELY WHEN THE OXYGEN HAS BEEN REMOVED FROM THE JAR BY HEATING.

A SEALED LID KEEPS AIR AND MICROORGANISMS OUT OF THE JAR AND THE FOOD IS HEATED SUFFICIENTLY TO KILL ALL MICROORGANISMS THAT CAN GROW IN FOOD DURING THE STORAGE PERIOD.

BE SURE THAT YOU USE TESTED RECIPES FOR HOME CANNING SUCH AS FROM USDA OR WSU AND FOLLOW DIRECTIONS EXACTLY. RELIABLE AND RECOMMENDED RECIPES.

### Don't Forget to Label Me



- WHAT AM I? WHERE DID MY RECIPE COME FROM?
- WHEN WAS I MADE? MONTH, DAY, YEAR.
- HOW WAS I PROCESSED?  
IN HOT WATER BATH, PRESSURE COOKER, HOT PACK, RAW PACK.
- HOW LONG WAS I PROCESSED?
- DID I NEED ADDITIONAL ACIDITY?
- WHAT WAS MY ALTITUDE WHEN I WAS PROCESSED?

**THANK YOU FOR GIVING ME A LABEL.**

*All information listed here is required for judging at Pomona Contests & State.*

### Tips to keep you safe:

- Prepare your work area prior to starting your preserving.
- Begin with sterilized Jars, clean and unchipped or cracked.
- Rims should be free of dirt, rust & unbent.
- Proper sized kettles or canners must be used to be safe.
- Have plenty of towels, hotpads, grippers, and ladles on hand.
- All utensils need to be clean and sterilized. A dishwasher or good washing in hot sudsy water and then rinsed is sufficient. Be sure to place clean jars in boiling water to sterilize prior to filling with product for preservation.
- Food to be processed must be unspoiled and fresh.
- Refer to individual recipes for processing and processing time and method required.
- Pay close attention to citric acid requirements and altitude levels along with requirements for pressure canning or hot water bath method. Some foods such as meats, seafood's, and certain vegetables require pressure canning only.
- Always read precautionary information on canning equipment prior to beginning.
- Have your pressure cooker tested for accuracy regularly.

**National Center for Home Food Preservation**

<http://nchfp.uga.edu/>

**Simply Canning**

<http://www.simplycanning.com/about-simplycanning.html>



## PROGRAMS & PROJECTS THAT MAKE A DIFFERENCE

*The Family Living Department encourages all Grangers to participate in many of our Projects that make a difference.*

*This not only instills the concept of serving others it also promotes community involvement and working together to promote common goals and at the same time make a difference in the lives of others. There are many people who are in need of help and some extra special care. Grangers can be there to lend a helping hand.*

**Care Cloths** - It is one of life's most difficult challenges when one is placed in a situation where they are without the necessities to take care of themselves. Whether it is from a Natural Disaster or from the devastating heartache of being displaced from home because of one of life's other unexpected challenges. By providing a carecloth (Washcloth) filled with soap, shampoo, lotion, toothpaste, and other personal care items one senses the nurturing feeling that someone cares. The small travel size that we are given in hotels work great. There is a need for these care cloths at local shelters, schools, and foodbanks.

**Toiletries and Hygiene Products:** At State Convention we accept donations of small travel size personal care items. This includes shampoos, conditioners, soaps, lotions, toothpaste, toothbrushes and combs etc. These items are then donated to shelters, and facilities where they can help. Some are also given to our Junior Grange Camps for use by campers. In your own Grange feel free to use these products for your care cloths and charities.

**Project Linus**-Project Linus is an organization that provides handmade quilts, crocheted Afghans and many other special handcrafted items to seriously ill or traumatized children. Their patterns for a very easy "Premie Afghan", "No Sew Fleece Blanket" & "Crocheted Cap" can be found in the CFL packets. You can go to [www.projectlinus.org](http://www.projectlinus.org) and click on patterns for a wide variety of projects. Your finished project can be given to a child in your area or brought to State Convention in June.

**Used Eyeglasses**-Collect used eyeglasses, lenses, frames and parts with the cases to protect them if possible and bring them to state convention in June. Please document the number collected by your Grange and report to your CFL so we can see how our program is working. Dr. Ogden in Goldendale remakes them to help the needy with corrective vision all over the world.

**Canceled Stamps**- By collecting canceled postage stamps we provide funds for cancer research. Cut out stamp with a ¼ inch border and bring stamps to the State Convention in June. Please count or weigh stamps prior to turning them in.

**Quilts for the Brave** - A program that encourages the provision of Patriotic quilts to our service men and women returning to the United States from our war zones around the world. These should be lap-size quilts (approximately 45x60") made from a cotton material. Red, white and blue colors are appropriate. We recommend that Granges work with local VFW chapters, Veterans' hospitals and American Legion chapters for distribution at the local level or bring to State Convention in June.

**Bereavement Quilts** - A program that encourages the provision of Patriotic handmade quilts to the families of our service men and women of the United States who have given the ultimate sacrifice of their lives in the line of duty. Quilts must be made from a cotton material. Red, white and blue colors are appropriate. We recommend that Granges work with local VFW chapters, Veterans' hospitals and American Legion chapters for distribution at the local level or bring to State Convention in June for distribution.

**"Hugs in a Quilt"** - A special way to send comfort to children who need a hug. Handmade quilts made to the size of 12 inches to 20 inches maximum are wrapped around a cuddly stuffed animal and tied with a pretty ribbon in a bow and given to children of need. The size of the quilt depends upon the size of the stuffed animal. These cuddly keepsakes are then donated to local Police Departments, Fire Departments, Shelters, Family Services Agencies and various children's organizations statewide.

**"Hugs in a Mug"** - A fun and clever way to provide a little something for someone in need. A veteran, senior, patient, or shelter. By placing a packet of cocoa or coffee along with a deck of cards or puzzle book and pen you supply a fun activity for a rainy day.

**"Comfort Toys"** - This fun program offers a bit of comfort to our children and seniors all over the state by providing them hand sewn and cheerful homemade toys. These toys must be made with safety in mind by abiding in the safety precautions which include only soft sculpture designs, filled with a commercial fiber fill and measure no smaller than 6 inches and not to exceed 24 inches. The toys must conform to U.S. Safety regulations with no sharp edges that might injure a child. Trimmings must be secured with no buttons or glued on eyes. Give a toy and see a smile! Bring toys to state convention or distribute locally.

**Pillowcase Challenge** - What is the Pillowcase Challenge?

American Patchwork & Quilting is challenging quilters, sewers and crafters to help us reach our goal of donating pillowcases to local charities. Many charities can benefit from the donation of a pillowcase and the challenge gives you the opportunity to donate and make a difference in your community. [www.allpeoplequilt.com](http://www.allpeoplequilt.com)

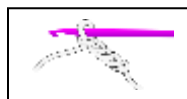
**Out on the Town Bibs** - [www.outonthetownbibs.com](http://www.outonthetownbibs.com) What a nice idea! Here is a fun and creative way to give to others. By sewing a matching bib for a special outfit or occasion our loved ones can feel all dressed up and retain their dignity at the same time. A fun way to protect clothing and dress up too!

**Fitit Quilts** - What a fun way to incorporate occupational therapy with our everyday tasks. A colorful lap quilt displaying zippers, buttons, velcro, textures and ties! Choose bright colors and warm and fuzzy fabrics too! An aid for Dementia and Alzheimer's patients as well as children with very active hands. A wonderful gift to provide to rehabilitation centers.

## **CARE WEAR VOLUNTEERS**

*Care Wear Volunteers began as a personal effort to provide much-needed apparel for premature and low-birth infants undergoing treatment in neonatal intensive care units of several children's hospitals in Washington D.C. area. Because of the need throughout the country, Care Wear Volunteers are now providing much needed clothing and other articles to hospitals in almost every nation in the Union. Listed below are two of the items needed and presented today. Feel free to bring your items to state convention for distribution.* [www.carewear.org](http://www.carewear.org)

### **Crochet - PREMIE BOOTIES IN 3 SIZES:**



Using size E or F hook and baby yarn, ch 16 (or 18 or 20st.)

ROW 1: Sc in the back of the second ch from hook. All remaining sc are worked in back loop only for ribbed effect. Sc in back of remaining 14 (16-18) st. Ch 1;turn.

ROW 2: Sc in each st across. There should be 14 (16-18) st;ch 1 and turn.

ROW 3-20; Repeat row 2, omitting ch 1 at end of row 20. There should be 20 ridges and 10 valleys.

TO FORM TOE: Fold so that rows 1 and 20 face each other. Slip st rows 1 and 20 together for 7 (8-9) st. Draw up a loop and remove hook. With a short piece of yarn and needle, whip together the open heel to form the base of the bootie leg. Tie off end.

TO MAKE LEG: Reinsert crochet hook in loop at instep. Ch 3, dc in each st around leg, join with sl st. \*Ch 3, dc in each dc of leg. Repeat from \* once more. Join with sl st and fasten off.

TO CLOSE TOE: With a short piece of yarn and needle, pick up the top st of each ridge of the open toe. Draw together and tie securely.

Add a ribbon or ch a string to weave through ankle and tie in a bow. Make another!

### **Crochet - PREEMIE MITTENS:**

Use an F hook with baby yarn or D hook with sport weight. Work all stitches in back loop only.

Ch 21; Sc in second ch from hook and in each ch across; ch 1 and turn. Row 2-3: Sc in first sc and in each sc across; ch 1 and turn.

ROW 4: Ch 3; skip first sc, dc in next sc, ch 1 across. Turn. Ribbon row done.

ROW 5: Sc in each dc and each ch 1 space. Turn (19sc)

ROW 6-8: Sc in each sc, turn at end of row.

ROW 9: skip first sc, sc in each sc across except skip last sc. Turn.

ROW 10-14: repeat directions for 6-8.

ROW 15: \*Skip first two sc; draw up a loop in each of next 3 sc, YO and draw through all loops on hook, Repeat from \* to end of row. Fasten off, leaving a 1 foot length of yarn. Using a darning needle, weave together the end and side of mitten. Turn right side out. Weave a ribbon or length of chain through the dc row.

These and many other preemie items may be made and provided to your local hospital or they may be brought to the State Convention in June. From there they will be provided to hospitals throughout the state of Washington.

**For those of us who may not crochet or knit, Care Wear also has wonderful patterns for sewn items such as stuffed toys, caps and gowns, robes and quilts. There is a wonderful selection of ideas, as well as step by step instructions for beginners and experienced seamstresses. I encourage you to visit the website today!**



# PROJECT LINUS

**Project Linus is one way you and your Grange can provide comfort to children all over the State in the way of snuggly huggable blankets. Having comfort during times of need eases pain and suffering and gives the recipient love and nurturing. Please bring completed blankets to State Convention or distribute to your local hospitals, trauma centers or alike. Please keep a record of your donated numbers and report them on your CFL reports. Thank you for participating!**

**Fleece Blankets** ~ You don't have to knot the fringe - a neat plain fringe looks very nice without knotting. We prefer that the fringe not be knotted. Knots are very uncomfortable for children to lay on. Do not cut the fringe any longer than 2" - 3". Longer fringe tangles in medical instruments and tubes.

**The longer you cut the fringe, the less blanket there is for snuggling.**

## No Sew Fleece Blanket Methods

**This method will help you make fringe that is neat and even.**



Cut a strip of cardboard as wide (no wider than 2" - 3") as you want your fringe to be long. Line up along edge of fleece.

**The longer you make the fringe, the less blanket you have for snuggling.**



Line up masking tape with the edge of the cardboard template.

Remove cardboard template.



Draw lines on the other side of the cardboard every 1/2" (or however wide you want your fringe). Lay this template along the edge of the masking tape. Cut fringe.

Soon the template won't be needed - the eye and hand are trained!

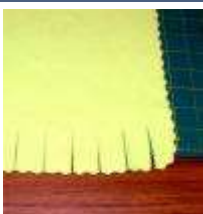
## HERE ARE A COUPLE OPTIONS FOR YOUR BLANKET



### Picket Fence & Bunny (or Hounds) Ears:

Cut fringe 1 1/4" wide x 2" long. Cut ends as shown in picture.

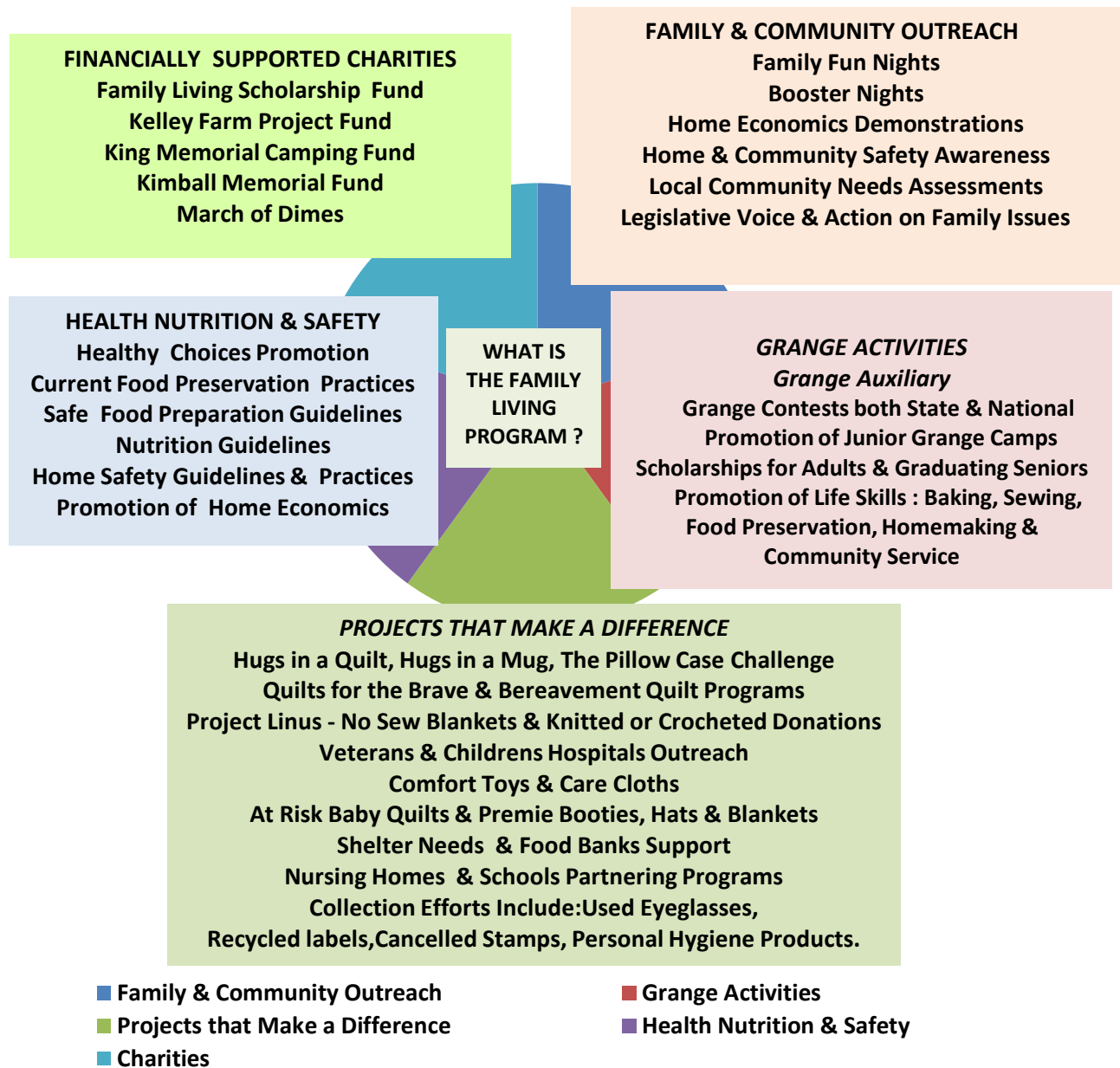
Optional: Cut a small slit (no longer than 1/4" long) at the base of the fringe. Pull fringe through the hole to make a "Bunny Ear." If you don't make the end pointy - you have a "Hounds Ear."



### Optional:

First trim the edges of the blanket using a wavy blade rotary cutter. Then cut fringe with pinking shears in every other notch of the wavy cut.

## **FAMILY LIVING PROGRAM OF WA STATE**



The Family Living Department strives to always serve our Grange, Grangers, and communities. Our Goal is to assist in the education of Philanthropic Practices, Home Economics, Safety in the home and health of mind & body. With the objective to keep the education of life skills current and attainable for generations to come!

# WA State Grange Family Living Department

## POMONA CONTESTS

**Who May Enter:** We welcome both Grangers and non-Grangers as participants in our contests.  
**Non-Members must be sponsored by a subordinate Grange.**

***WA STATE GRANGE & THE FAMILY LIVING DEPT. IS NOT LIABLE FOR LOST OR STOLEN ITEMS***

### Steps to enter an item in a contest:

- 1) Choose the appropriate Age Division; age is determined as of January 1<sup>st</sup> of the current year.
  - 2) Choose Contest Group.
  - 3) Choose Class of item.
- Be sure to fill out entire entry tag. Include: Name, Grange, and County.

### CONTEST RULES:

- All work must be the work of the participant.
- Participants may have more than one entry per class at the Pomona level.
- All items excluding Comfort Toys & Quilt Squares will be judged at the Pomona level.
- Judging is based on quality, skill, application and presentation.
- Entries must have been completed after May 15<sup>th</sup> of the previous year.
- Soiled items will not be accepted.
- Pomona awards are the responsibility of the Pomona Grange. All entries should be awarded ribbons. Blue, Red, White and Green. Purple Ribbons are to be awarded to the highest scoring item in each class and this item is eligible to compete in the state contests in June at the State Convention.
- Contestants are responsible for bringing their items to state convention and also picking them up.

### Contest Divisions:

**Division A – Adults 19 & older**

**Division Y – Youth ages 14 – 18**

**Division J – Juniors ages 13 and under**

**Please designate: 1) Age Division, 2) Group (Contest), and 3) Class.**

### Judging:

Entries are judged by Quality, Skill, Application and Presentation. The first, second and third place winners at the Pomona and State levels will be picked from the blue ribbon winners or those placing highest under the judges determination.

**Awards:** State Awards in each Class include: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> Place Rosettes along with Cash Awards In each Group as follows: Division A: Best of Show \$50, Second Best of Show \$25. Division Y: Best of Show \$25.00, Second Best of Show \$15.00. Division J: Best of Show \$15.00 Second Best of Show \$10.00.

First place winners at Pomona level will be eligible to enter the State level for judging at the annual State Convention. If a Pomona level first place winner chooses not to send their entry to the higher level, the second place winner may go. Pomona judging in all contests should be completed no later than May 15<sup>th</sup>.

**Labels:** All entries in all contests must be labeled in the prescribed manner. ***NO SUBSTITUTE LABELS.***

**All entries must use the current provided contest label only.** Label is to list Contest Group, Division, & Class when required. All entries must include contestant's name, Grange name and Grange number, Pomona name and number, member or non-member and age where rules require.

Labels should be placed securely in a zip lock sandwich bag and safety pinned to the item or when pinning is not an option taped. Pomona Family Living packets contain contest guidelines and labels for the entries.

Please contact your CFL for additional details. All contest information including Labels are available online at [www.wa-grange.gov](http://www.wa-grange.gov)





## GROUP 1 - BAKING



Division A – Adults 19 & older

Division Y – Youth ages 14 – 18

Division J – Juniors ages 13 and under Please designate: Age Division, Group (Contest), and Class

*“Thank you” to the Washington Association of Wheat Growers, Red Star Yeast Company & Wilton’s for sponsoring our Contests...*

Grange members and non-members may enter. Each entry must be accompanied by one copy of the recipe, typed or clearly printed on recipe cards or other paper, using one side only that will fit into a legal size envelope (4 by 9½ inches). The completed contest entry label should be scotch taped to the front of envelope. All entries are to be made from scratch, no mixes (except where stated). See your CFL for additional details.

*All Baking Recipes winning **Best of Show** may not be re-entered in the contest until the **fourth year**.*

**PLEASE NOTE ALL ENTRY RECEPTACLES WILL NOT BE RETURNED.**

**Red Star Yeast Awards:** Red Star will award various items to the highest placing entries in our Baking Division in which Yeast was used.  
**Washington Association of Wheat Growers Awards:** The Washington Assn. of Wheat Growers Award Rosette will be awarded to the 1<sup>st</sup> Place Winner from amongst classes with recipes in which wheat is listed in the recipe, along with a Wheat Magic Recipe Book. A Cookbook will be awarded to the Best of Show for these classes in all Divisions.

**Wilton Awards:** Decorated Cakes & Cupcakes, Sponsored by “Wilton” Non Cash Awards Best of Class will be awarded to the highest placing entries in Decorated classes. Entries will be judged on technique, creativity, and explanation of process, presentation, skill, appeal, and suitability. Each entry must have a written or typed/printed explanation of process and materials used on a 3 X 9 Index card. Using Wilton products is preferred. “Best of Class” winners from the Decorated Cakes & Cupcakes are eligible for Wilton Award determined by Wilton. Wilton will also award one current *Wilton Yearbook of Cake Decorating* for each 1st prize winner in all decorating categories.

**Class A: BREADS & ROLLS - All Breads in Class A must be made from scratch, no store bought mixes allowed. Must include recipe.**

**A-1) Yeast Breads & Rolls.** One standard size loaf (approximately 1 to 1½ lbs. dough), any shape, or 12 rolls. No mini loaves. No mixes allowed. Bread to be presented on a sturdy base or disposable plate and placed in a clear plastic sealable bag.

**A-2) Artisan Yeast Breads & Rolls,** One designed loaf, or 12 individual rolls. No mixes, entered on sturdy base and sealed bag.

**A-3 ) Sweet Yeast Pastry** such as rolls, braids, & twists. Enter one dozen sweet rolls or an equivalent amount of dough for a braid or twist. This is a sweet pastry used for breakfast or dessert. To be presented on a sturdy base in a clear plastic sealable bag.

**A-4) Quick Breads, Biscuits & Muffins.** 1 standard size loaf. Or 7 Muffins. To be presented on a sturdy base in a plastic sealable bag.

**A-5) Bread Machine Bread.** One standard size bread machine loaf. Presented on a sturdy covered cardboard base in a sealable bag.

**A-6) Class S: Diabetic Quick Breads.** One standard size loaf such as banana, zucchini, etc. Diabetic information must be included, made from scratch

**A-7) Class U: Gluten Free Bread & Rolls-** One standard size loaf (approx 1 to 1½ lbs. dough), any shape, or one dozen rolls. No mini loaves. Presented on sturdy covered cardboard base or disposable plate and placed in a clear plastic sealable bag. Made from scratch.

**Class B: DESERTS**

**B-1)Frosted or Topped Layer or Sheet Cake made from scratch. No Mixes.** Layers may be square or round, 8 to 10 inches. Sheet may be 8x12 inches or 9x13 inches, presented on a sturdy covered cardboard base about one inch larger than the entry. Place in a sturdy throw away cake box.

**B-2) Bundt Cake made from scratch.** Bundt may be plain, lightly dusted with powdered sugar or lightly glazed. Use 10 inch to 12 inch Bundt pan. To be presented on a sturdy covered cardboard base and placed in a sturdy throw away cake box.

**B-3) Cake Mix Cake.** Frosted or topped layer, sheet or Bundt cake using a cake mix. Sizes and other requirements same as B-1 & B-2.

**B-4) Frosted Cake Mix Cupcakes-** Entry to include 7 standard sized frosted cupcakes. Must include recipe.

**B-5) Frosted Cupcakes from scratch.** No Mixes allowed. Entry to include 7 standard sized cupcakes. Must include recipe.

**B-6) Decorated Cakes**—Any sized cake, Decorated. Entry Judged on Decoration and implementation of theme. Recipe required( *IF EDIBLE*) Must include explanation of decorating process and list of materials used. Please include edible or decoration only!

**B-7) Decorated Cupcakes** – Entry to include 7 Cupcakes. Scratch or mix allowed. Entry Judged on Decoration and implementation of theme. Recipe required (*IF EDIBLE*) Entry must include explanation of decorating process and list of materials used. Please include edible or decoration only!

**B-8) Fruit Pies-Pie must not contain cream, cream cheese, custard, Jell-O, or eggs.** Pies must be baked in an 8” or 9” disposable round pie tin. Crust is to be made from scratch, no premade pie crusts or mixes. Pie may have lattice work or “other” on top.

**Class C : SNACKS**

**C-1) Baked Cookies** - 13 cookies, presented on a disposable plate in a plastic sealable bag. Must be made from scratch. Recipe required.

**C-2) No Bake Cookies** – 13 cookies placed on sturdy plate placed inside plastic sealable bag. Must be from scratch and include recipe.

**C-3 Cookie Mix / Cake Mix Cookies.** Any kind of baked cookies, 13 per entry. Made from a cake or cookie mix same as Class B-1.

**C-4) Decorated Cookies** – 13 Baked and decorated cookies per entry. Scratch or mix allowed for cookie.Judged on Decoration and implementation of theme. Recipe required (*IF EDIBLE*). Entry to include explanation of decorating process and list of materials used.

**C-5) Brownies** -13 baked brownies, presented on a disposable paper plate or tray enclosed in a sealable bag, Do not stack brownies. *Brownies may be entered uncut in a disposable baking pan* measuring no less than 8x8. **Must be made from scratch.**

**C-6) Bars** -13 Bars per entry presented on a disposable plate or tray enclosed in a sealable bag. Do not stack bars. **Bars must be cut.**

**C-7) Diabetic Cookies.** Made from scratch, 13 per entry. Diabetic information must be included with the recipe.

**C-8) Gluten Free Cookies** -13 baked cookies per entry, presented on a disposable paper plate or tray in a clear plastic sealable bag. Do not stack cookies. Must be made from scratch. Recipe required.

**C-9) Gluten Free Bars or Brownies** – Must be made from scratch. 13 Bars or Brownies per entry presented on a disposable paper plate or tray, enclosed in a sealable bag. Do not stack bars. **Bars must be cut.** Brownies may be entered uncut. Must have 13 servings.

**Class D**

**D-1) OTHER:** Any item not listed in another class or a combination of ingredients and presentation.

## **GROUP 2 - CANDY**

**Division A – Adults 19 & older**

**Division Y – Youth ages 14 – 18**

**Division J – Juniors ages 13 and under** Please designate: Age Division, Group (*Contest*), and Class.

All Candy Classes of entry must exhibit 13 Pieces per entry, entered on a sturdy plate or platter, Must be covered, bagged or boxed.

Entries which include uncooked eggs will not be accepted.

All entries must be accompanied by one copy of the recipe, typed or clearly printed on recipe cards or other paper, using one side only that will fit into a legal size envelope (4 by 9½ inches). The completed contest entry label must be scotch taped to the front of envelope.

**Class A: Cooked Candy** - Entry to consist of 13 pieces of cooked candy.

**Class B: Uncooked Candy** - Entry to consist of 13 pieces of uncooked candy.

**Class C: Decorated Candy** – Entry to consist of 13 pieces of Decorated candy. Decorated Candies are judged on design technique, skill, presentation, suitability. Decorated Candies must include the recipe (***IF EDIBLE***) and Must state if Edible or Decoration only! A written explanation of decorating process and materials used must be included.

## **GROUP 3 – FOOD PRESERVATION**

**Division A – Adults 19 & older**

**Division Y – Youth ages 14 – 18**

**Division J – Juniors ages 13 and under** Please designate: Age Division, Group (*Contest*), and Class.

**Class A:** Fruits. One quart or pint. Includes fruits, sauces and syrups, and chutneys (no vinegar).

**Class B:** Vegetables. One quart or pint, cut or uncut. Includes all vegetables. (Non – pickled)

**Class C:** Soft Spreads. One pint or half pint, no paraffin may be used. May include jam, jelly, marmalades, conserves and preserves.

**Class D:** Meat, Poultry or Seafood. One quart, pint, or half pint.

**Class E:** Pickles and Relishes –One Quart or Pint, Relishes, Pickles, Vegetables and pickled chutneys.

**Class F:** Salsa – Tomato, Fruit, Combination. One quart or one pint.

**Class G:** Vinegars, Adequate jars. May use decorative jars with wax or corks.

**Class H:** Dried Vegetables

**Class I:** Dried Fruits

**Class J:** Dried Soup Mixes

**Class K:** Dried Herbs

**Class L:** Fruit Leathers

**Class M:** Jerky

**Class N:** Beer– Must be 21 years of Age to enter this class) Must include processing method and recipe.

**Class O:** Wine - Must be 21 years of Age to enter this class) Must include processing method and recipe.

**Class P:** Other ( Item not listed in any other class or combination of classes) Such as Vegetable Beef Soup etc.

**Dried Items.** May be entered in snack size zip lock baggies or mason jars. Must include process.

**DRIED FOODS MIXES& HERBS ETC.** MUST MEASURE NO LESS THAN 1/3 CUP.

**FRUIT LEATHERS & JERKY ENTRIES** MUST MEASURE NO LESS THAN 6”IN LENGTH AND 1 ½ INCHES IN HEIGHT.

### **All Canning entries must be prepared using USDA /Extension Service information.**

All Entries must be clearly labeled **ON PRODUCT and ENTRY LABEL** to include: *Item Name*, *Processing Date: Month, Day and Year*, as well as an additional entry label with the *Processing Method, Processing Time, Pounds of Pressure* if pressure-canned. *Altitude of processing location*. The entry label **ALSO** must state whether the food was *hot or raw packed, boiling water or pressure canned* and a judge needs to know if the proper amount of citric acid, lemon juice or vinegar has been added to canned tomatoes, for example. *Recipe Source or Publication, Page & Recipe Name is highly recommended.*

Approved standard canning jars must be used. New canning lids must be used. Lids must be approved for processing and shelf storage. No temporary storage plastic lids allowed. Rings are to be included on jars, but must be able to be removed for judging.

## **GROUP 5 - QUILTS**

**Division A – Adults 19 & older**

**Division Y – Youth ages 14 – 18**

**Division J – Juniors ages 13 and under** Please designate: Age Division, Group (*Contest*), and Class.

Entries may be either hand or machine quilted.

**Quilted by contestant or other must be indicated on the completed entry label.**

### **Traditional Design**

**Class A:** Large Quilt (King/Queen size)

**Class B:** Small Quilt (Double/Twin size)

**Class C:** Wall Hanging

**Class D:** Tied Comforter

**Class E:** Baby or Lap Quilt

**Class F:** Baby or Lap Tied Comforter

**Class G:** Other ( Any Traditional Item not listed)



### **Quilts Cont.**

#### **Beyond Traditional Design: (i.e. skillful use of color, fabric, image, or shape).**

- Class H:** Large Quilt (King/Queen size)
- Class I:** Small Quilt (Double/Twin size)
- Class J:** Wall Hanging
- Class K:** Baby or Lap Quilt
- Class L:** Baby or Lap Tied Comforter
- CLASS M:** Other ( Any Beyond Traditional Item not listed)

#### **Art & Landscape Design:**

- Class N:** Large Quilt (King/Queen size)
- Class O:** Small Quilt (Double/Twin size)
- Class P:** Wall Hanging
- Class Q:** Baby or Lap Quilt
- Class R:** Other (miniature, place mat, pillow, table runner etc.). Any machine quilted item not in other classes.

#### **HAND QUILTED**

- Class S :** Large Quilt (King/Queen size)
- Class T:** Small Quilt (Double/Twin size)
- Class U:** Wall Hanging
- Class V:** Baby or Lap Quilt
- Class W:** Hand Pieced & Hand Quilted any size
- Class X:** Other (miniature, place mat, pillow, table runner etc.). Any HAND quilted item not in other classes.

## **WA State Quilt Block Contest**

### **Division A - Ages 16 and over      Division Y- Ages 15 and under**

Each block needs to measure 12½ inches square unfinished. All judging will take place at the state level. Quilt blocks are judged on cleanliness, general appearance and compliance to size requirement and theme. Grange members and non-members may enter. All quilt blocks become the property of the Washington State Grange and none will be returned to the contestant. State Quilt Block Contest will be awarding 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> place Rosettes for each class along with Best of Show and Second Best of Show for Adult & Youth Divisions. Adult: Best of Show \$25.00 and 2<sup>nd</sup> Best of Show \$15.00. Youth: Best of Show \$15.00, Second Best of Show \$10.00 .

### **The 2017 Washington State Quilt Block Pattern**

**“Setting Sail” ~ Ocean theme. Your choice of pattern & colors. Must be made of washable fabrics.**

## **GROUP 6 - SEWING**

### **Division A – Adults 19 & older**

### **Division Y – Youth ages 14 – 18**

### **Division J – Juniors ages 13 and under**

**Please designate: Age Division, Group ( *Contest* ), and Class.**

Sewing Entries may be a single item or coordinated separates *limited to four pieces*. Entries judged on general appearance, creativity and workmanship. Please place pattern with instructions and completed entry form inside the appropriate sized zip lock bag and safety pin to entry.

- Class A:** Adult’s Clothing or outfit - Garment or outfit made for adult.
- Class B:** Child’s Clothing or outfit - Garment made for children.
- Class C:** Coat or Jacket – must be lined.
- Class D:** Coat or Jacket – not lined.
- Class E:** Lingerie – (Underclothing or Pajama’s, nightgown, robe.)
- Class F:** Item for the house: Tablecloth, Table runner linens, placemats, curtains, hot pad, tree skirt etc.
- Class G:** Apron, Uniform, Costume.
- Class H:** Other- Item not listed in other class.

## Comfort Toy Contest

**Division A - Ages 16 and over      Division Y- Ages 15 and under**

Grange members and non-members may enter. Toys must be soft sculpture, filled with a commercial fiberfill, and measure not smaller than 6" and not to exceed 24". Entries must conform to U.S. Safety Regulations with no sharp edges that might injure a child; trimmings must be secure with no buttons or glue-on eyes.

There is no limit on the amount of entries per person allowed for judging, all judging will take place at the state level. Toys are judged on Character, cleanliness, safety, general appearance and workmanship.

All toys become property of the Washington State Grange and none will be returned to the contestant. These toys are presented throughout our state to children and seniors for spreading joy and comfort.

Awards will be given at the state level in Division "A" as follows: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place rosettes, Best of class \$25, Second Best of Class \$15. Awards will be given at the state level in Division "Y" as follows: 1<sup>st</sup>, 2<sup>nd</sup> & 3<sup>rd</sup> place rosettes, Best of class \$15, Second Best of Class \$10.



**CONTEST ENTRY FORM FOR: BAKING, CANDY, QUILTS, SEWING.**

**(Write contest Name on line 1 )**

**FOOD PRESERVATION has its own entry form**

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

CONTEST (1) _____		
WA STATE GRANGE FAMILY LIVING		
CONTEST ENTRY FORM		
DIVISION A / J / Y	GROUP _____	CLASS _____
ENTRY # _____	ITEM _____	
Quilt Contest: Item Quilted by Self _____ Other _____		
NAME _____		
GRANGE _____	No. _____	
POMONA _____	NO. _____	
DISTRICT _____		
<b><u>FOLD UP TO COVER NAME FOR JUDGING</u></b>		

**BE SURE TO FILL OUT THE APPROPRIATE ENTRY FORM FOR CONTESTS**  
**"ALL CONTEST" ENTRY FORM FOR: BAKING,CANDY, QUILTS & SEWING**  
**"FOOD PRESERVATION" CONTEST HAS OWN ENTRY FORM**

# WA STATE GRANGE FAMILY LIVING FOOD PRESERVATION CONTEST ENTRY FORMS

Family Living Contests Item # _____	Family Living Contests Item # _____
<b><u>Division:</u> A   Y   J   (Circle Choice)</b>	<b><u>Division:</u> A   Y   J   (Circle Choice)</b>
<b>Group :3      FOOD PRESERVATION</b>	<b>Group :3      FOOD PRESERVATION</b>
Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ ----- NAME _____ GRANGE _____ # _____	Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ ----- NAME _____ GRANGE _____ # _____

Family Living Contests Item # _____	Family Living Contests Item # _____
	<b><u>Division:</u> A   Y   J   (Circle Choice)</b>
<b>Group :3      FOOD PRESERVATION</b>	<b>Group :3      FOOD PRESERVATION</b>
Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ ----- NAME _____ GRANGE _____ # _____	Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ ----- NAME _____ GRANGE _____ # _____

Family Living Contests Item # _____	Family Living Contests Item # _____
<b><u>Division:</u> A   Y   J   (Circle Choice)</b>	<b><u>Division:</u> A   Y   J   (Circle Choice)</b>
<b>Group :3      FOOD PRESERVATION</b>	<b>Group :3      FOOD PRESERVATION</b>
Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ NAME _____ GRANGE _____ # _____	Class: _____ ITEM: _____ Recipe Source & Page (Optional) _____ _____ Processing Date: _____ Processing Method: _____ Processing Time: _____ Pressure: _____ Altitude _____ Citric Acid / lemon juice added?      Yes/ No _____ NAME _____ GRANGE _____ # _____

**WASHINGTON STATE GRANGE POMONA / SUBORDINATE GRANGE CFL REPORT  
FOR THE YEAR ENDING DECEMBER 31, \_\_\_\_\_**

**Please circle appropriate report: Pomona CFL or Subordinate CFL**

This report covers the period for January 1, to December 31<sup>st</sup>.

**Please complete and submit by January 10<sup>th</sup> to WA State Director**

GRANGE / POMONA GRANGE NAME \_\_\_\_\_ NO. \_\_\_\_\_

- Did you receive your Family Living Packet this year? YES\_\_\_ NO\_\_\_
- Did you have contact with your Family Living District Director this year? YES\_\_\_ NO\_\_\_
- Did you attend a Pomona or State CFL Conference this year? YES\_\_\_ NO\_\_\_
- Did you hold a separate Family Living Conference in your Grange to promote activities and involvement?  
Yes\_\_\_ No\_\_\_ If yes how many attended? \_\_\_\_\_
- How do you inform others of the events you plan or have for the Family Living Department in your Grange?  
\_\_\_\_\_
- Did you prepare a monthly report at your Grange meeting to inform members of activities? YES\_\_\_ NO\_\_\_
- Did you and your committee aid the youth & juniors with their projects? YES\_\_\_ NO\_\_\_
- Please list the projects you aided with \_\_\_\_\_
- Did your Grange contribute financially to any of the following?

Family Living Department Scholarship	YES___ NO___
King Memorial Fund	YES___ NO___
March of Dimes	YES___ NO___
Kimball Memorial Fund	YES___ NO___
Kelley Farm	YES___ NO___
Other _____	
- Did you promote the CFL Contests? YES\_\_\_ NO\_\_\_ Has your Grange Hosted the contests? YES\_\_\_ NO\_\_\_
- Does your Grange participate in planning of the contests ? YES\_\_\_ NO\_\_\_ Would you like to? YES\_\_\_ NO\_\_\_
- Did your Subordinate Grange have entries in:

Baking YES___ NO___	Canning/Food Preservation YES___ NO___
Candy YES___ NO___	Quilting YES___ NO___
Sewing YES___ NO___	Comfort Toys YES___ NO___
State Quilt Block YES___ NO___	National Quilt Block YES___ NO___
- How many comfort toys for Loving? \_\_\_\_\_ How many toys for judging? \_\_\_\_\_
- Did your Grange support the Family Living Silent & Live Auctions at State Convention? Yes\_\_\_ No\_\_\_
- Did you participate in the following projects?

Linus YES___ NO___	Figit Quilts YES___ NO___
Care cloths YES___ NO___	Shelter Ideas YES___ NO___
Used eyeglasses YES___ NO___	Quilts for the Brave (or similar) YES___ NO___
Labels/Card Fronts YES___ NO___	Care Wears YES___ NO___
Cancelled Stamps YES___ NO___	Pillowcase Challenge YES___ NO___
Hugs in a Quilt / Mug YES___ NO___	Out On the Town Bibs YES___ NO___
- What did you do for Family or Community Outreach? \_\_\_\_\_
- What kind of workshops did you have at your Grange? \_\_\_\_\_
- What comments/suggestions do you have for improving the CFL Department?(use back of form if needed)  
\_\_\_\_\_
- Do you have a Family Living Committee in your Grange or Pomona? Yes\_\_\_ No\_\_\_
- How Often does your Family Living Committee meet? \_\_\_\_\_
- Do you have a Grange Auxiliary? Yes\_\_\_ No\_\_\_
- SIGNED CFL \_\_\_\_\_ DATE \_\_\_\_\_ District \_\_\_\_\_  
Address \_\_\_\_\_

*Thank you for completing this form and for your comments.*

- Please be aware all program information is available online at : [www.wa-grange.org](http://www.wa-grange.org)
- Please mail to: WA State Director of Family Living : Cecelia Hamilton ( email: [icbigpineranch@gmail.com](mailto:icbigpineranch@gmail.com) )  
14 Haley Lane, Republic, WA. 99166 (509) – 775-0191

**REPORT OF POMONA CONTEST WINNERS 20\_\_\_\_ Submit By: May 15<sup>th</sup>**

**WA STATE GRANGE FAMILY LIVING**

**Mail to: WA State Director Cecelia Hamilton 14 Haley Lane, Republic, WA 99166**

<b>BAKING DIVISION: A / J / Y</b>	<b>CONTEST / GROUP</b>	<b>CLASS</b>	<b>NAME</b>	<b>GRANGE / POMONA</b>	<b>ITEM</b>
<b>ADULT</b>	Baking 1	A-1			
A	Baking 1	A-2			
A	Baking 1	A-3			
A	Baking 1	A-4			
A	Baking 1	A-5			
A	Baking 1	A-6			
A	Baking 1	A-7			
A	Baking 1	B-1			
A	Baking 1	B-2			
A	Baking 1	B-3			
A	Baking 1	B-4			
A	Baking 1	B-5			
A	Baking 1	B-6			
A	Baking 1	B-7			
A	Baking 1	B-8			
A	Baking 1	C-1			
A	Baking 1	C-2			
A	Baking 1	C-3			
A	Baking 1	C-4			
A	Baking 1	C-5			
A	Baking 1	C-6			
A	Baking 1	C-7			
A	Baking 1	C-8			
A	Baking 1	C-9			
A	Baking 1	D-1			
<b>JUNIOR</b>	Baking 1	A-1			
J	Baking 1	A-2			
J	Baking 1	A-3			
J	Baking 1	A-4			
J	Baking 1	A-5			
J	Baking 1	A-6			
J	Baking 1	A-7			
J	Baking 1	B-1			
J	Baking 1	B-2			
J	Baking 1	B-3			
J	Baking 1	B-4			
J	Baking 1	B-5			
J	Baking 1	B-6			
J	Baking 1	B-7			
J	Baking 1	B-8			
J	Baking 1	C-1			
J	Baking 1	C-2			
J	Baking 1	C-3			
J	Baking 1	C-4			
J	Baking 1	C-5			
J	Baking 1	C-6			
J	Baking 1	C-7			
J	Baking 1	C-8			
J	Baking 1	C-9			
J	Baking 1	D-1			

<b>YOUTH</b>	<b>Baking 1</b>	<b>A-1</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-2</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-3</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-4</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-5</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-6</b>			
<b>Y</b>	<b>Baking 1</b>	<b>A-7</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-1</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-2</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-3</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-4</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-5</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-6</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-7</b>			
<b>Y</b>	<b>Baking 1</b>	<b>B-8</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-1</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-2</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-3</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-4</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-5</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-6</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-7</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-8</b>			
<b>Y</b>	<b>Baking 1</b>	<b>C-9</b>			
<b>Y</b>	<b>Baking 1</b>	<b>D-1</b>			
<b>CANDY DIVISION A/J/Y</b>	<b>CONTEST/GROUP</b>	<b>CLASS</b>	<b>NAME</b>	<b>GRANGE / POMONA</b>	<b>ITEM</b>
<b>ADULT</b>	<b>Candy 2</b>	<b>A</b>			
<b>A</b>	<b>Candy 2</b>	<b>B</b>			
<b>A</b>	<b>Candy 2</b>	<b>C</b>			
<b>JUNIOR</b>	<b>Candy 2</b>	<b>A</b>			
<b>J</b>	<b>Candy 2</b>	<b>B</b>			
<b>J</b>	<b>Candy 2</b>	<b>C</b>			
<b>YOUTH</b>	<b>Candy 2</b>	<b>A</b>			
<b>Y</b>	<b>Candy 2</b>	<b>B</b>			
<b>Y</b>	<b>Candy 2</b>	<b>C</b>			
<b>FOOD PRESERV DIVISION A/J/Y</b>	<b>GROUP 3</b>	<b>CLASS</b>	<b>NAME</b>	<b>GRANGE / POMONA</b>	<b>ITEM</b>
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>A</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>B</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>C</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>D</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>E</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>F</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>G</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>H</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>I</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>J</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>K</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>L</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>M</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>N</b>			
<b>A</b>	<b>FOOD PRESERVATION</b>	<b>O</b>			
<b>JUNIOR</b>	<b>FOOD PRESERVATION</b>	<b>A</b>			
<b>J</b>	<b>FOOD PRESERVATION</b>	<b>B</b>			
<b>J</b>	<b>FOOD PRESERVATION</b>	<b>C</b>			



J	FOOD PRESERVATION	D			
J	FOOD PRESERVATION	E			
J	FOOD PRESERVATION	F			
J	FOOD PRESERVATION	G			
J	FOOD PRESERVATION	H			
J	FOOD PRESERVATION	I			
J	FOOD PRESERVATION	J			
J	FOOD PRESERVATION	K			
J	FOOD PRESERVATION	L			
J	FOOD PRESERVATION	M			
J	FOOD PRESERVATION	N			
J	FOOD PRESERVATION	O			
YOUTH	FOOD PRESERVATION	A			
Y	FOOD PRESERVATION	B			
Y	FOOD PRESERVATION	C			
Y	FOOD PRESERVATION	D			
Y	FOOD PRESERVATION	E			
Y	FOOD PRESERVATION	F			
Y	FOOD PRESERVATION	G			
Y	FOOD PRESERVATION	H			
Y	FOOD PRESERVATION	I			
Y	FOOD PRESERVATION	J			
Y	FOOD PRESERVATION	K			
Y	FOOD PRESERVATION	L			
Y	FOOD PRESERVATION	M			
Y	FOOD PRESERVATION	N			
Y	FOOD PRESERVATION	O			
DIVISION A/J/Y	QUILTS GROUP 4	CLASS	NAME	POMONA / GRANGE	ITEM
ADULT	QUILTS	A			
A	QUILTS	B			
A	QUILTS	C			
A	QUILTS	D			
A	QUILTS	E			
A	QUILTS	F			
A	QUILTS	G			
A	QUILTS	H			
A	QUILTS	I			
A	QUILTS	J			
A	QUILTS	K			
A	QUILTS	L			
A	QUILTS	M			
A	QUILTS	N			
A	QUILTS	O			
A	QUILTS	P			
A	QUILTS	Q			
A	QUILTS	R			
A	QUILTS	S			
A	QUILTS	T			
A	QUILTS	U			
A	QUILTS	V			
A	QUILTS	W			
A	QUILTS	X			
JUNIOR	QUILTS	A			
J	QUILTS	B			
J	QUILTS	C			
J	QUILTS	D			

J	QUILTS	E			
J	QUILTS	F			
J	QUILTS	G			
J	QUILTS	H			
J	QUILTS	I			
J	QUILTS	J			
J	QUILTS	K			
J	QUILTS	L			
J	QUILTS	M			
J	QUILTS	N			
J	QUILTS	O			
J	QUILTS	P			
J	QUILTS	Q			
J	QUILTS	R			
J	QUILTS	S			
J	QUILTS	T			
J	QUILTS	U			
J	QUILTS	V			
J	QUILTS	W			
J	QUILTS	X			
YOUTH	QUILTS	A			
Y	QUILTS	B			
Y	QUILTS	C			
Y	QUILTS	D			
Y	QUILTS	E			
Y	QUILTS	F			
Y	QUILTS	G			
Y	QUILTS	H			
Y	QUILTS	I			
Y	QUILTS	J			
Y	QUILTS	K			
Y	QUILTS	L			
Y	QUILTS	M			
Y	QUILTS	N			
Y	QUILTS	O			
Y	QUILTS	P			
Y	QUILTS	Q			
Y	QUILTS	R			
Y	QUILTS	S			
Y	QUILTS	T			
Y	QUILTS	U			
Y	QUILTS	V			
Y	QUILTS	W			
Y	QUILTS	X			
<b>DIVISION A,J,Y</b>	<b>SEWING GROUP 5</b>	<b>CLASS</b>	<b>NAME</b>	<b>POMONA/GRANGE</b>	<b>ITEM</b>
<b>ADULT</b>	SEWING	<b>A</b>			
<b>A</b>	SEWING	<b>B</b>			
<b>A</b>	SEWING	<b>C</b>			
<b>A</b>	SEWING	<b>D</b>			
<b>A</b>	SEWING	<b>E</b>			
<b>A</b>	SEWING	<b>F</b>			
<b>A</b>	SEWING	<b>G</b>			

A	SEWING	H			
JUNIOR	SEWING	A			
J	SEWING	B			
J	SEWING	C			
J	SEWING	D			
J	SEWING	E			
J	SEWING	F			
J	SEWING	G			
J	SEWING	H			
YOUTH	SEWING	A			
Y	SEWING	B			
Y	SEWING	C			
Y	SEWING	D			
Y	SEWING	E			
Y	SEWING	F			
Y	SEWING	G			
Y	SEWING	H			

TOTAL BAKING ENTRIES \_\_\_\_\_, TOTAL CANDY ENTRIES \_\_\_\_\_, TOTAL FOOD PRESERVATION ENTRIES \_\_\_\_\_  
TOTAL QUILTS ENTRIES \_\_\_\_\_, TOTAL SEWING ENTRIES \_\_\_\_\_

Signed: Pomona CFL \_\_\_\_\_ Date \_\_\_\_\_

**GROUP 3 FOOD PRESERVATION JUDGING SHEET ENTRY # \_\_\_\_\_**

**ITEM DESCRIPTION \_\_\_\_\_**

**DIVISION (circle) A , Y , J      GROUP 3      CLASS \_\_\_\_\_**

**BLUE RIBBON: Excellent / Very Good**

**RED RIBBON: Good , Room for Improvement**

**WHITE: Fair/ Needs considerable Improvement      RIBBON \_\_\_\_\_**

**A. APPEARANCE      E   G   F   P   NP**

UNIFORM SIZE & SHAPE – \_\_\_\_\_  
 UNIFORM MATURITY – \_\_\_\_\_  
 BLEMISH FREE – \_\_\_\_\_  
 BRIGHT COLORED – \_\_\_\_\_  
 CLEAR LIQUID – \_\_\_\_\_  
 VINEGARS – DECORATIVE, UNIQUE – \_\_\_\_\_

**B. CONTAINER      E   G   F   P   NP**

STANDARD CANNING JAR \_\_\_\_\_  
 CLEAN \_\_\_\_\_  
 SEAL INTACT \_\_\_\_\_  
 VINEGARS – CLEAN BOTTLE /JAR-UNDAMAGED \_\_\_\_\_  
 CORK,WAX, LID \_\_\_\_\_

**C. PACK      E   G   F   P   NP**

ATTRACTIVE \_\_\_\_\_  
 PROPER HEADSPACE \_\_\_\_\_  
 LIQUID COVERS PRODUCT \_\_\_\_\_  
 NO FLOATING PRODUCT \_\_\_\_\_  
 VINEGAR –JAR NOT OVERFULL \_\_\_\_\_

**D. LABEL INFORMATION      E   G   F   P   NP**

PRODUCT IDENTIFIED \_\_\_\_\_  
 PROCESSING TIME PROVIDED \_\_\_\_\_  
 DATED \_\_\_\_\_

**E. VINEGARS –SOLUTION IDENTIFIED \_\_\_\_\_**

**F. VINEGAR – NO DEBRIS IN JAR \_\_\_\_\_**

**~ JUDGES COMMENTS AVAILABLE ON BACK ~**

**Washington State Grange Family Living Contests**

**FOOD PRESERVATION - GROUP 3 -DRIED FOOD SCORECARD**

**Exhibit Number \_\_\_\_\_ Division A Y J (circle)**

**E= Excellent, G=Good, F= Fair, NP = No Placing**

Appearance	E	G	F	NP
Uniform size & shape				
Free from mold & moisture				
Container				
Moisture Proof				
Air Proof				
Prevents Contamination (				
Label Instructions				
Product identified				
Method of Drying (oven, etc)				
Total Drying time				
Pretreatment used				
Date				
Dryness				
Fruits: leathery & pliable				
Vegetables: brittle,hard;leathery or pliable depending on vegetable.				
Herbs: dry to crumble				
Fruit Leather: pliable,firm,peels easily from plastic wrap,free of large pieces of fruit.				
All :Lacks stickiness				
Jerky: recipe using USDA Guilelines. Recipe included with processing information.				

**E=EXCELLENT, G= GOOD,F=FAIR, NP = NO PLACE. PLACE CHECK MARK IN APPROPRIATE PLACING IN EACH CATEGORY. THE MAJORITY GRADE IS FINAL PLACING.**

**RIBBON PLACING : E=BLUE G=RED F=WHITE RIBBON \_\_\_\_\_**

**JUDGES COMMENTS ON BACK**

**GROUP 1 BAKING JUDGING SHEET** ENTRY # \_\_\_\_\_

RECIPE NAME \_\_\_\_\_

DIVISION \_\_\_\_\_ GROUP 1 CLASS \_\_\_\_\_ RIBBON \_\_\_\_\_

BLUE RIBBON : RED RIBBON : WHITE RIBBON

**USE FOR CLASSES A1-A7, B1-B5, C1-C3 & C5-D1****A: APPEARANCE-**

GENERAL APPEARANCE; SHAPE, SIZE, CRUST, OUTSIDE TEXTURE.

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**B: TEXTURE-**

TEXTURE, CRUMB, GRAIN, COLOR; MOIST &amp; ELASTICITY

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**C: FLAVOR AND AROMA- TASTE, SMELL.**

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

JUDGES COMMENTS ON BACK

FRUIT PIE SCORECARD GROUP 1 DIVISION : A Y J		BLUE RIBBON : EXCELLENT / VERY GOOD RED RIBBON : GOOD/ NEEDS IMPROVEMENT WHITE RIBBON: FAIR			
ENTRY NO. _____ RECIPE _____ RIBBON _____		Excellent	Good	Fair	No Placing
Pastry A. Appearance Delicate golden brown to pale approx 1/8 inch thick.					
Edges uniform and not overly dark or thick					
Pastry Texture					
Flaky & Tender top crust					
Bottom crust not soggy or doughy					
Pastry Aroma , Flavor					
<b><u>FILLING</u></b> A. Filling Appearance Intact pieces of fruit, proportion					
B. Filling Texture Tender fruit					
Slightly thickened juice					
C. Filling Aroma & Flavor Typical of fruit used					
JUDGES COMMENTS ON BACK					

**GROUP 1**      **BAKING JUDGING SHEET**      ENTRY # \_\_\_\_\_

**DECORATED CAKES & CUPCAKES**    **B-6 & B-7**

TITLE \_\_\_\_\_

DIVISION    (CIRCLE) A ,Y, J    GROUP 1    CLASS \_\_\_\_\_

BLUE RIBBON : EXCELLENT , VERY GOOD :

RED RIBBON : GOOD / NEEDS IMPROVEMENT

WHITE RIBBON : FAIR      RIBBON \_\_\_\_\_

**A: APPEARANCE-**    **THEME, CREATIVITY, DESIGN,**

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**SKILL PRESENTATION, EFFORT**

**(PROCESS EXPLAINED & MATERIALS LISTED)**

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

COMMENTS ON BACK

**GROUP 2 CANDY**      ENTRY # \_\_\_\_\_

RECIPE NAME \_\_\_\_\_

DIVISION \_\_\_\_\_ GROUP 2 CLASS \_\_\_\_\_ RIBBON \_\_\_\_\_

BLUE RIBBON : RED RIBBON : WHITE RIBBON

*ALL CANDY CLASSES ARE JUDGED ON A,B,& C.*

*DECORATED CANDIES ARE JUDGES ON D*

**A: APPEARANCE-**

GENERAL APPEARANCE; SHAPE, SIZE, UNIFORM.

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**B: TEXTURE-**

TEXTURE, NON GRAINY, CONSISTENT, EVEN DISTRIBUTION OF INGREDIENTS.

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**C: FLAVOR AND AROMA-** TASTE, SMELL.

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

**D: DECORATED CANDIES-** THEME, COLORS, TECHNIQUE

EXPLAINED, MATERIALS DEFINED. APPEALING AND UNIQUE PRESENTATION.

EXCELLENT \_\_\_\_\_ GOOD \_\_\_\_\_ FAIR \_\_\_\_\_ POOR \_\_\_\_\_

JUDGES COMMENTS ON BACK

**GROUP 4    QUILTS    JUDGING SCORECARD**

ENTRY # \_\_\_\_\_ DIVISION: A , Y , J, (CIRCLE ONE) CLASS \_\_\_\_\_ ITEM \_\_\_\_\_  
 RIBBON \_\_\_\_\_ Judges Initials \_\_\_\_\_

E=EXCELLENT, G= GOOD, F=FAIR, NP = NO PLACE. PLACE A CHECK MARK IN APPROPRIATE PLACEMENT IN EACH CATEGORY. THE MAJORITY GRADED IS FINAL PLACING. RIBBON PLACING : Excellemt / Very Good= BLUE, Good / Room for improvement=RED, Fair Needs considerablwe improvement + WHITE	Excellent	Good	Fair	No Placing
<b>General Appearance</b>				
Attractive & Pleasing to look at, does it draw your attention?				
Is it neat & clean; no loose threads, knots or hairs, NO ODOR etc.?				
<b>Design</b>				
Does the surface design have pleasing rhythm & balance?				
Is the distribution of lights & darks effective?				
<b>Choice &amp; Use of Color</b>				
Are the colors harmonious & do they work well together?				
Do the border, bindings and backing colors complement, repeat or harmonize with the other colors in the quilt?				
<b>Suitability of Materials Relative to Design and Function</b>				
Is the fabric weave and fiber type appropriate for the use intended?				
Are the materials compatible?				
<b>Use of Quilting /Tying Patterns/ Embellishments</b>				
Does it enhance & work with surface design to create a pleasing effect?				
Does it have a design of its own other than holding the pieces together?				
<b>Workmanship</b>				
Do all points & corners meet precisely in the patchwork?				
Are seams flat and unobstructive?				
Are any seams incomplete or edges not sufficiently fastened in place?				
<b>Quilting, Tying, Embellishing Techniques</b>				
Are the quilting stitches evenly spaced and uniform in length over the entire quilt including back?				
QUILTING – Has the quilting been identified as done by exhibitor or professionally done or by someone else?				
Are the straight lines straight and the curved lines smooth?				
If tied are the ties uniform throughout and the knots tied securely?				
<b>Precision &amp; Finishing of Binding/Edges.</b>				
Is the binding free of puckers and ripples?				
Are the corners as attractively crafted as the rest of the binding?				
<b>Backing</b>				
Is the back free of unsightly stitches,marks, or other distractions?				
Is the grain straight?				
<b>Comments:</b>				



CONTEST NAME \_\_\_\_\_ DIVISION A / J / Y FAMILY LIVING POMONA CONTEST LEDGER

[illegible]

TOTAL ENTRIES IN \_\_\_\_\_ CONTEST

## *POMONA CONTEST TIPS AND HOW TO'S*



- SCHEDULE A POMONA CONTEST COMMITTEE MEETING DATE AT YOUR JANUARY POMONA MEETING.
- CHOOSE A LOCATION AND DATE FOR YOUR CONTESTS
- ADVERTISE YOUR CONTESTS: NEWSPAPER, FACEBOOK, TV, RADIO, FLYERS AROUND TOWN, WORD OF MOUTH.
- SEND OUT INVITATIONS TO VARIOUS COMMUNITY GROUPS, RETIREMENT HOMES, AND SCHOOLS.
- 4 MONTHS PRIOR HOLD AN ORGANIZATIONAL GATHERING, INVITE MEMBERS TO GET INVOLVED.
- 3 MONTHS PRIOR RECRUIT JUDGES AND VOLUNTEERS TO HELP SET UP.
- 3 MONTHS PRIOR PLACE DATES AND INFORMATION IN LOCAL MEDIA, CONTACT GRANGES IN YOUR POMONA TO ENCOURAGE INVOLVEMENT.
- 2 MONTH PRIOR PRINT UP ENTRY FORMS, JUDGING SHEETS, AND ORDER YOUR RIBBONS FROM STATE LECTURER.
- 1 MONTH PRIOR RECONTACT YOUR JUDGES AND VOLUNTEERS; PROVIDE JUDGES INFORMATION TO YOUR JUDGES ALONG WITH A PROGRAM HANDBOOK.
- ARE YOU PROVIDING A LUNCH OR REFRESHMENT?
- REMEMBER TO SHOW APPRECIATION FOR YOUR HARD WORKING VOLUNTEERS AND JUDGES.
- BE SURE TO COMPLETE YOUR CONTEST REPORT FORMS AND SUBMIT TO STATE DIRECTOR BY MAY 20<sup>TH</sup>.
- A DISPLAY OF CONTEST ENTRIES AND AWARDS IS ALWAYS A NICE TOUCH FOR MEMBERS & COMMUNITY
- FINALLY FURNISH A REMINDER OF CONVENTION DATES FOR ENTRIES TO ARRIVE IN JUNE.

MOST OF ALL HAVE FUN AND THANK YOU!!!